



WESTCHESTER COUNTY PSYCHOLOGICAL ASSOCIATION

PO Box 339-H • Scarsdale, NY 10583

Telephone/Fax #: (914) 723-3030

Email: WCPA4U@verizon.net www.westchesterpsych.org

CLINICAL DIVISION

Presents

Avoiding Diagnostic Deficit Disorder: The Accurate Assessment and Treatment of Sub-Syndromal Mood Disorders

FRIDAY – March 2, 2012

from 12:00 to 2:30 p.m.

Room 131 at the Gateway Center of Westchester Community College

Grasslands Road Entrance to Parking Lot #1

(This is a handicapped accessible facility; visual aids are not available)

PRESENTER: Steven A. Weisblatt, M.D.

Dr. Steve Weisblatt is currently a Clinical Assistant Professor of Psychiatry at Downstate Medical Center. In addition to being the author of the former "Clinician's Corner" column in Bipolar Magazine, he has spoken widely in the US, Canada and Europe on the subject of accurate diagnosis and effective treatments for patients with mood disorders. Currently, Dr. Weisblatt is in private practice with offices in New Rochelle, NY and Pocono Lake, PA.

FOCUS: Often patients in therapy do not benefit maximally, and continue to not function to their best potential, due to a co-morbid, unrecognized, misdiagnosed or mistreated biochemical imbalance. Clinicians misdiagnose adults with full spectrum bipolar disorder nearly 70% of the time. Usually they incorrectly diagnose and treat the patient for "depression." The misdiagnosis rates are higher in children, seniors and people with organic brain disease. This high rate of misdiagnosis also does not include the rate of mis-medication, which is higher yet. In this presentation we will review the symptoms (often obvious and occasionally subtle) that promote making a correct diagnosis and the medications that might be best used for treatment.

Learning Objectives:

- 1) Identify subtle symptoms of bipolar spectrum mood disorders.
- 2) Discussion that symptoms such as amplified anxiety / worry / irritation / obsessing, etc. may be part of a bipolar spectrum disorder.
- 3) Recognize the difference between palliation of symptoms vs. treating a psychiatric syndrome to remission.

**THIS PROGRAM IS FREE AND OPEN TO WCPA MEMBERS AT NO CHARGE; \$15.00 FOR NON-MEMBERS
Students at WCC are invited free of charge**

No food or beverage will be served, but there is food service nearby

2.5 CE credits are available for this program at a cost of \$15.00 payable to WCPE*

DEADLINE to RSVP: February 25, 2012 to (914) 723-3030 or WCPA4U@verizon.net

Please let us know if you are requesting CE credit

* The Westchester Center for Psychological Education (WCPE) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Westchester Center for Psychological Education maintains responsibility for this program and its content.