



WESTCHESTER COUNTY PSYCHOLOGICAL ASSOCIATION

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CLINICAL DIVISION

Presents

HOARDING: UNDERSTANDING THE SYMPTOMS, PREVALANCE, AND TREATMENT OF THIS NEW DISORDER

FRIDAY – March 23, 2012

from 12:00 to 2:30 p.m.

Room 131 at the Gateway Center of Westchester Community College

Grasslands Road Entrance and Park in Parking Lot #1

(This is a handicapped accessible facility; visual aids are not available)

PRESENTER: DENA RABINOWITZ, PH.D.

Dena Rabinowitz, Ph.D. is a NYS licensed psychologist specializing in Cognitive-Behavioral Therapy. She is the owner and Clinical Director of Cognitive Behavioral Psychology of NY, a private practice with offices in both NYC and Scarsdale. Dr. Rabinowitz specializes in anxiety disorders, with particular interest in OCD, and OC-spectrum disorders such as Hoarding. She has experience treating children, adolescents, and adults as well as working with families. While she spends most of her time treating patients directly, she also supervises other psychologists in CBT, teaches advanced CBT at the Ferkauf Graduate School of Psychology at Yeshiva University, and is on the board of the New York City Cognitive Behavioral Therapy Association. She has published numerous articles, is a nationally featured speaker, and has been featured on national TV, including on the past season of "Hoarders: Buried Alive".

Focus: Hoarding has received increasing clinical and public attention in the last few years. Hoarding has been regarded as a subtype of OCD, but with the new DSM-V in 2013, hoarding will become its own disorder. This lecture will focus on the symptoms of hoarding, its diagnostic features, and its prevalence. A review of the most up-to-date treatment available will also be included.

Learning Objectives:

1. Description of hoarding as a disorder.
2. Differentiating hoarding from other disorders and "normal" clutter issues.
3. Discussion of the basics of the cognitive behavioral treatment of hoarding.

**THIS PROGRAM IS FREE AND OPEN TO WCPA MEMBERS ONLY
WCC students are invited at no charge**

No food or beverage will be served, but there is a cafeteria nearby

2.5 CE credits are available for this program at a cost of \$15.00 payable to WCPE*

DEADLINE to RSVP: March 15, 2012 to (914) 723-3030 or WCPA4U@verizon.net

* The Westchester Center for Psychological Education (WCPE) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Westchester Center for Psychological Education maintains responsibility for this program and its content.